

HH Club League, Season 11 - Speeds in 14/14 Events

This table just shows speeds in mins per height adjusted km. Obviously different events can't be compared to each other, but to give you an idea of who is around the same speed as you, it's ordered by median speed.

If you have any queries about the league or wish to be removed from the list please contact Mike Bennett, [club.league \[at\] happyherts.org.uk](mailto:club.league[at]happyherts.org.uk)

| Runners | | | 35 | 17 | 53 | 34 | 56 | 37 | 31 | 30 | 30 | 61 | 27 | 60 | 31 | 18 | 40 | 6.00 | |
|---------------------|-------|-------|-------------------------------|---------------------------------|----------------------------|-------------------------------|---------------------------------|-----------------------------|-------------------------------|------------------------------|-----------------------------|-----------------------------|------------------------------|---------------------------------|--------------------------------|----------------------------|--------|-----------------|----------|
| Name | Class | H'cap | CHIG Epping E 29-Sep-13 | TVOC Penn Woods 13-Oct-13 | HH Northaw 20-Oct-13 | SN Frith Hill 10-Nov-13 | HAVOC Epping SW 17-Nov-13 | SAX Hindleap 8-Dec-13 | TVOC Wendover 15-Dec-13 | SLOW Hankley 29-Dec-13 | DFOK Darnley 5-Jan-14 | HH Ashridge 19-Jan-14 | GO Blackheath 2-Feb-14 | CHIG Broxbourne 16-Feb-14 | MV Pippingford 23-Feb-14 | SO Charlton 4-May-14 | Events | Median speed | Initials |
| Rebecca Harding | W21 | 6.94 | | | | | | | | | | | | | 5.19 | | 1 | 5.19 | RH |
| Kevin Fielding | M45 | 5.88 | | | 5.34 | 5.28 | 6.88 | 5.58 | 5.36 | 5.53 | | | | 5.74 | 5.31 | | 8 | 5.44 | KF |
| Samuel Fielding | M16 | 7.96 | | 8.83 | 5.68 | 5.04 | | 7.15 | 5.34 | | 6.15 | | 5.90 | 6.97 | 6.09 | | 9 | 6.09 | SF |
| Kevin Harding | M50 | 6.61 | | | | | | 6.48 | 5.84 | | | | | 6.21 | 6.20 | | 4 | 6.21 | KH |
| Alan Rosen | M55 | 7.58 | 6.62 | | | 5.76 | | 6.33 | 6.67 | | | 5.94 | 6.77 | | 6.02 | | 7 | 6.33 | AR |
| Simon Errington | M50 | 7.45 | 6.27 | 9.72 | | 6.52 | 7.77 | 5.95 | | | 6.11 | 5.95 | | 6.99 | | | 8 | 6.39 | SE |
| Mark Purkis | M18 | 5.70 | | | | | | | | 6.48 | | | | | | | 1 | 6.48 | MP |
| Adam Bennett | M21 | 6.73 | | | | | | 6.39 | | | 6.59 | | | | | | 2 | 6.49 | AB |
| Mark Adams | M50 | 6.45 | | 9.52 | 6.03 | | | 6.63 | 6.75 | 6.53 | | | 7.37 | 6.25 | 6.29 | | 9 | 6.53 | MA |
| Richard Freeman | M50 | 7.20 | 6.53 | 10.08 | | | | | | 6.92 | | 6.14 | | | 6.48 | 6.60 | 6 | 6.56 | RF |
| Becky Rafferty | W21 | 6.94 | | | 7.50 | 6.39 | | 7.34 | 6.64 | | | 6.02 | | | | | 5 | 6.64 | BR |
| Thomas Rafferty | M21 | 6.92 | | | | | | | 6.88 | | | 6.95 | | | 7.50 | | 3 | 6.95 | TR |
| Beth Hanson | W18 | 8.32 | | | 7.38 | 6.71 | 9.32 | 7.30 | | 7.10 | 7.10 | 6.29 | 7.55 | 7.52 | 7.12 | | 10 | 7.21 | BH |
| Simon Martin | M50 | 6.81 | 7.60 | | | | | | | | | 6.85 | | | | | 2 | 7.23 | SM |
| Natalia Pereverzina | W20 | 8.64 | | | | 7.25 | | | | | | 7.26 | 7.09 | | | | 3 | 7.25 | NP |
| Ian Marsden | M35 | 6.51 | | | 6.15 | | 7.56 | | | | | | | 7.31 | | | 3 | 7.31 | IM |
| David Frampton | M40 | 9.37 | | 13.74 | 7.55 | | 7.88 | | | 8.56 | 7.21 | 7.39 | | 7.27 | 6.80 | 5.94 | 9 | 7.39 | DF |
| Paul Mace | M50 | 8.09 | | 15.41 | | | | | | 7.39 | | 7.43 | | | | | 3 | 7.43 | PM |
| Becky Young | W18 | 7.73 | | | 8.12 | | | | | | | 6.30 | | 7.43 | | | 3 | 7.43 | BY |
| Jacob Sharpe | M35 | 8.01 | | | | | | 8.70 | | | | 7.20 | | 7.46 | | | 3 | 7.46 | JS |
| Laura Herbert | W10 | 7.52 | | | 7.52 | | | | | | | | | | | | 1 | 7.52 | LH |
| Maria Pereverzina | W18 | 8.55 | | | | 7.68 | 10.41 | | | | 7.27 | 7.59 | 8.63 | | | | 5 | 7.68 | MP |
| Graham Parkes | M21 | 7.49 | | | | | | 8.22 | | 7.61 | | 7.86 | | | | 6.78 | 4 | 7.73 | GP |
| Andrew Cummings | M60 | 8.99 | 7.74 | 12.56 | 8.31 | 7.46 | 8.72 | 6.82 | 8.33 | | 7.00 | 6.84 | | | | | 9 | 7.74 | AC |
| Kevin Cordina | M35 | 8.22 | | | 6.99 | | | | | | | | 8.50 | | | | 2 | 7.75 | KC |
| Ian Byford | M55 | 8.60 | 8.38 | 10.72 | 7.70 | 6.78 | 9.03 | | 7.83 | 9.30 | 6.58 | 7.41 | 7.85 | | 7.60 | 7.53 | 12 | 7.76 | IB |
| Mike Bennett | M60 | 9.55 | | 12.05 | | 6.60 | 8.49 | | | 8.40 | 6.61 | | 7.38 | 9.82 | 7.24 | 7.80 | 9 | 7.80 | MB |
| James Errington | M16 | 8.29 | 7.89 | | | | 8.28 | 5.77 | | | | 6.97 | | 8.94 | | | 5 | 7.89 | JE |
| Rory Percival | M45 | 8.69 | 7.72 | | | 8.13 | | 7.58 | | | | 7.60 | 8.32 | 8.83 | | | 6 | 7.92 | RP |
| Alison Harding | W50 | 8.76 | | | | | 9.00 | 8.21 | | | | | 7.78 | 6.45 | | | 4 | 8.00 | AH |
| Mick Smith | M65 | 7.94 | 8.05 | 10.62 | 8.23 | 6.26 | 8.16 | 8.04 | 7.87 | 8.33 | 7.10 | 6.50 | 7.12 | 8.64 | 6.77 | | 13 | 8.04 | MS |
| Angus Harrington | M12 | 8.05 | | | | | | | | | | 8.73 | 7.37 | 10.31 | | 7.21 | 4 | 8.05 | AH |
| Daniel Hodson | M20 | 10.30 | | | | | | | | | 8.05 | | | | | | 1 | 8.05 | DH |
| Anna Herbert | W10 | 8.07 | | | 8.07 | | | | | | | | | | | | 1 | 8.07 | AH |
| David Saunders | M50 | 8.64 | 8.23 | | 7.78 | | | | | 8.12 | | 7.52 | 7.29 | 8.21 | 8.54 | | 7 | 8.12 | DS |
| Neil Gostick | M50 | 8.25 | | | | | | 7.56 | | | | | | 8.96 | 8.22 | | 3 | 8.22 | NG |
| Vanessa McMillan | W21 | 12.76 | | | | | | | | | | 8.29 | | | | | 1 | 8.29 | VM |
| Stu Levene | M40 | 9.51 | | | 7.32 | 7.90 | 8.92 | 9.09 | 8.18 | 8.34 | 8.78 | 7.60 | | 9.32 | | | 9 | 8.34 | SL |
| Helen Marsden | W35 | 8.03 | | | 7.58 | | 8.41 | | | | | | | 10.24 | | | 3 | 8.41 | HM |
| Adam Leaf | M50 | 9.48 | | | 8.71 | | 9.20 | 8.25 | 8.52 | | 8.28 | 8.47 | | | 8.69 | | 7 | 8.52 | AL |
| Janet Rosen | W55 | 8.49 | 7.23 | | | 8.74 | | 8.34 | 9.14 | | | 7.65 | 8.35 | 9.39 | 8.70 | | 8 | 8.53 | JR |
| Maire Convery | W45 | 10.59 | 9.22 | 12.64 | | 7.41 | | 8.57 | | | | 8.50 | 8.56 | 10.67 | | | 7 | 8.57 | MC |
| Kevin Parkes | M55 | 9.61 | 13.08 | | 8.29 | 8.53 | 13.97 | 8.66 | 7.83 | 8.66 | | 7.62 | 10.11 | 9.86 | | 9.33 | 11 | 8.66 | KP |
| Roger Moulding | M65 | 9.68 | 8.68 | 16.33 | | 7.79 | 9.61 | 7.47 | | | 7.95 | 8.07 | 8.98 | 9.70 | | | 9 | 8.68 | RM |
| David Hodson | M45 | 11.70 | 10.65 | | 7.89 | | 10.60 | 7.99 | | | 7.61 | 8.69 | 9.47 | | | | 7 | 8.69 | DH |
| Paul Langston | M60 | 9.21 | 8.37 | | 8.23 | | 9.83 | | 9.05 | | | 7.45 | | 12.68 | | | 6 | 8.71 | PL |
| Gillian Jubb | W35 | 7.39 | | | 9.28 | | 7.98 | | | | | | | 8.74 | | | 3 | 8.74 | GJ |
| David Dixon | M40 | 8.84 | | | | | 8.84 | | | | | | | | | | 1 | 8.84 | DD |
| Keith Marsden | M70 | 9.52 | 8.78 | | | | | 9.91 | | 11.03 | 9.23 | | 8.68 | 10.73 | 8.32 | | 7 | 9.23 | KM |
| Helen Errington | W50 | 10.34 | 8.46 | 10.83 | 9.25 | 7.59 | 9.86 | 8.09 | | | 9.30 | 8.31 | | 9.34 | | | 9 | 9.25 | HE |
| Laura Parkes | W21 | 9.70 | 9.32 | | | | | 9.41 | 8.97 | 7.94 | | 7.64 | | 9.32 | | 9.51 | 7 | 9.32 | LP |
| Colin Webster | M60 | 8.85 | | | 8.69 | | 9.22 | | | | | 9.42 | | 9.78 | | | 4 | 9.32 | CW |
| Thomas M'Caw | M14 | 10.06 | | | | | 7.65 | | | | | | | 11.23 | | | 2 | 9.44 | TM |
| Miranda Leaf | W18 | 9.80 | 10.85 | | 8.76 | | | | | | | | | | | | 2 | 9.80 | ML |
| Hedley Calderbank | M60 | 10.36 | 9.30 | | | 10.81 | 10.94 | 10.21 | 9.53 | | 10.12 | 8.00 | 9.19 | 11.44 | 8.91 | | 10 | 9.83 | HC |

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|--------------------|-----|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|-------|----|-------|----|
| Dawn Figg | W40 | 10.46 | 9.62 | | | | 11.74 | 9.30 | | 11.49 | 10.77 | 8.98 | 10.46 | 11.26 | 8.84 | 8.72 | 10 | 10.04 | DF |
| Paul Hearn | M45 | 9.70 | | | 9.52 | | 13.06 | | 8.82 | | | | | 10.56 | | | 4 | 10.04 | PH |
| Mark Salmon | M40 | 11.61 | | | | | | | 10.42 | | | 9.94 | | | | | 2 | 10.18 | MS |
| Alison Saunders | W50 | 14.41 | 9.70 | | 11.27 | 9.58 | | | 10.83 | | 11.63 | 7.95 | 9.27 | 11.23 | 10.21 | | 9 | 10.21 | AS |
| David Heale | M45 | 11.78 | | 18.14 | | 8.97 | 14.19 | | 9.47 | | | 8.75 | | 11.11 | | | 6 | 10.29 | DH |
| Josh M'Caw | M12 | 9.94 | | | | | 9.16 | 11.30 | | 9.40 | | | | 14.41 | | | 4 | 10.35 | JM |
| Evan Bowers | M14 | 10.97 | | | | | | | | | | | | 10.44 | | | 1 | 10.44 | EB |
| Liz Drew | W60 | 11.01 | 9.86 | | | 10.59 | 13.33 | | | 11.19 | 10.51 | | 8.85 | | | | 6 | 10.55 | LD |
| Gemma Gostick | W14 | 13.70 | | | | | | | | | | | | 10.28 | 10.94 | | 2 | 10.61 | GG |
| Gillian Hanson | W45 | 10.60 | | | 9.87 | 8.83 | 12.76 | 10.46 | 10.93 | 11.20 | 10.64 | 11.13 | 9.39 | 12.08 | 8.57 | | 11 | 10.64 | GH |
| Tony Harden | M50 | 14.96 | | | 10.67 | | 13.14 | | 10.84 | 10.33 | | 10.46 | | 11.95 | | 10.59 | 7 | 10.67 | TH |
| Jenny Gostick | W45 | 14.30 | | | | | | | | | | | | | 10.69 | | 1 | 10.69 | JG |
| Daniel Figg | M16 | 15.04 | | | 13.25 | | 10.97 | 9.65 | | 16.40 | 9.97 | 10.51 | 11.82 | 15.28 | 11.05 | 11.17 | 10 | 11.11 | DF |
| Alex Fielding | M10 | 8.40 | | | 14.61 | 10.39 | 12.59 | 9.68 | | 10.90 | | 13.95 | | 11.79 | 6.94 | | 8 | 11.35 | AF |
| Simon Herbert | M40 | 11.45 | | | 11.45 | | | | | | | | | | | | 1 | 11.45 | SH |
| David Tookey | M60 | 11.22 | | | | | 11.33 | | 11.56 | | | | | 12.42 | | | 3 | 11.56 | DT |
| Peter Cheetham | M55 | 10.35 | 8.41 | | | | 12.71 | | 11.67 | | | | | | | | 3 | 11.67 | PC |
| Rob Oldfield | M45 | 10.94 | | | | | | | | | | 11.96 | | | | | 1 | 11.96 | RO |
| Charlie Dixon | M10 | 12.11 | | | 13.17 | | 11.05 | | | | | 11.00 | | 17.60 | | | 4 | 12.11 | CD |
| Antonia Jubb | W10 | 11.11 | | | 12.24 | | 9.99 | | | | | | | 16.04 | | | 3 | 12.24 | AJ |
| Hannah Freeman | W10 | 8.18 | 6.53 | 11.75 | | | | | 13.20 | | | 14.13 | | | | 12.42 | 5 | 12.42 | HF |
| Peter Errington | M14 | 12.20 | 9.66 | 17.60 | 10.53 | 12.45 | | | | | | | | 17.88 | | | 5 | 12.45 | PE |
| Hugh Wiltshire | M65 | 12.71 | 11.31 | | 14.12 | | | | | | | 10.85 | | 18.54 | | | 4 | 12.71 | HW |
| Heather Freeman | W50 | 12.33 | 11.79 | | | | | | | | | | | | | 13.65 | 2 | 12.72 | HF |
| Harry Goldingay | M60 | 12.89 | | | | 12.88 | 13.72 | 10.96 | | 13.16 | 11.84 | 8.63 | | | 13.04 | | 7 | 12.88 | HG |
| Jon Palin | M35 | 13.05 | | | 13.05 | | | | | | | | | | | | 1 | 13.05 | JP |
| Charlotte Cheetham | W50 | 13.22 | 15.38 | | | | 13.05 | | 12.08 | | | | | | | | 3 | 13.05 | CC |
| Phil M'Caw | M50 | 13.09 | | | | | | 13.09 | | | | | | | | | 1 | 13.09 | PM |
| Barry Breed | M65 | 11.01 | | | 13.09 | 9.46 | 14.17 | | 23.63 | | | | | | 10.40 | | 5 | 13.09 | BB |
| Christopher Drew | M65 | 13.68 | 14.79 | | | 12.27 | 11.99 | | 15.70 | 17.52 | | | 12.36 | | | | 6 | 13.58 | CD |
| Matthew Dixon | M12 | 13.20 | | | 9.84 | | 16.55 | | | | | 10.94 | | 16.97 | | | 4 | 13.74 | MD |
| Laura Bayne | W14 | 10.73 | | | | | | | | | | 10.42 | | 17.46 | | | 2 | 13.94 | LB |
| Jane Breed | W60 | 15.05 | | | 13.38 | 11.99 | 14.47 | | 15.89 | | | | | | | 13.97 | 5 | 13.97 | JB |
| Frances Goldingay | W60 | 14.81 | | | | 14.71 | 14.87 | | 17.54 | 13.21 | 11.11 | 14.21 | | 11.48 | | | 7 | 14.21 | FG |
| Cliff Short | M65 | 12.67 | | | 15.71 | | | 14.92 | | | | 13.06 | | | | | 3 | 14.92 | CS |
| Stephen Lee | M45 | 15.05 | | | 17.05 | | 13.04 | | | | | | | | | | 2 | 15.05 | SL |
| Heather Bayne | W45 | 16.75 | | | | | | | | | | | | 15.07 | | | 1 | 15.07 | HB |
| Susan Marsden | W65 | 16.26 | 13.64 | | | 13.41 | | 14.37 | 18.40 | 16.05 | | 14.81 | 18.79 | 17.10 | | | 8 | 15.43 | SM |
| Penny Parkes | W55 | 16.73 | 18.57 | | 15.06 | 14.81 | 16.17 | 18.27 | 15.09 | 17.12 | | 14.69 | 14.99 | 18.51 | | 15.56 | 11 | 15.56 | PP |
| Kate Frampton | W10 | 8.31 | | | 14.98 | | | | | 16.35 | 12.51 | 16.15 | | | | | 4 | 15.57 | KF |
| Richard Hyman | M70 | 12.58 | | | | | | | | | | 15.69 | | | | | 1 | 15.69 | RH |
| Dominic Lee | M12 | 15.77 | | | 13.38 | | 18.16 | | | | | | | | | | 2 | 15.77 | DL |
| Tegan Frampton | W10 | 14.27 | | | 15.82 | | | | | | 11.28 | 17.07 | | | | | 3 | 15.82 | TF |
| Philip Young | M55 | 15.58 | | | 15.64 | | | | | | | | | 17.66 | | | 2 | 16.65 | PY |
| Viv Hodson | W45 | 24.88 | 31.96 | | 22.03 | | 15.24 | 18.85 | | 16.00 | 16.66 | | | | 16.62 | | 7 | 16.66 | VH |
| Rosemary Beardow | W55 | 18.77 | | | 20.30 | | | | | | | 13.26 | | | | | 2 | 16.78 | RB |
| Dominic Bowers | M10 | 13.16 | | | | | | | | | | | | 18.15 | | | 1 | 18.15 | DB |
| Victoria Parkes | W21 | 19.96 | | | | | 19.70 | | 20.22 | | | 11.64 | | | | 16.61 | 4 | 18.15 | VP |
| Barbara Page | W45 | 15.68 | 28.23 | 16.93 | | | | | | | | | 20.56 | 17.23 | | | 4 | 18.90 | BP |
| Francesca Bayne | W10 | 12.22 | | | | | | | | | 15.20 | | 26.08 | | | | 2 | 20.64 | FB |
| Bob Kay | M65 | 19.26 | | | | | 20.56 | | 21.37 | | | | | | | | 2 | 20.97 | BK |
| Barbara Wiltshire | W65 | 17.06 | 20.38 | | 22.83 | | | | | | | 15.56 | | 25.83 | | | 4 | 21.61 | BW |
| Nicola Frampton | W45 | 17.23 | | | 16.13 | | | | | 29.88 | | | | | | | 2 | 23.00 | NF |
| Joseph Fielding | M14 | 23.51 | | | 26.75 | 30.09 | 21.44 | | | | | | | 33.88 | | | 4 | 28.42 | JF |